



5 Factors of Focus: Take Action With Clarity and Purpose

KEYNOTE: *Erika B. Ervin*

TUESDAY, October 19, 2021

Virtual Meeting

NETWORKING 6:30 PM
INTRODUCTIONS 6:45 PM
PROGRAM: 7:00 PM
MEETING 7:45 PM

The mission of the American Business Women's Association is to bring together businesswomen of diverse occupations and to provide opportunities for them to help themselves and others grow personally and professionally through leadership, education, networking support, and national recognition.

*Changing Women's Lives...
One Woman at a Time.*

For more information about our Chapter, please contact, our Membership Chair, at www.abwa-greateroakland.org

**GREATER OAKLAND CHARTER
CHAPTER**

The 5 Factors of Focus

It's time to step forward onto your pedestal, place your crown back on your head and walk forward with POISE to shine every facet of your inner diamond that allows you to shine bright. You will learn unique focus and self-mastery techniques in a fun and engaging environment, where everyone is valued and heard.

Erika B. Ervin is a Well-Being Advocate. She believes work/life harmony is possible when measured by the amount of presence within each moment. Erika is a Speaker, Author of the Modern Yinster Planner and Creator of the POIS²E Program and Inner Circle Membership. The Modern Yinster provides products and services for self-mastery and living a life of harmony and fulfillment.

While studying for her entry exam to law school, Erika made a dramatic move to the Well-Being Industry. She has earned many accolades over the past 15 years in the Well-Being Industry and is known for her passion to assist other women succeed. She lives in College Station, Texas with her husband, two sons and one fur baby, Deeter. Currently she serves as President of The Leading Women's Express Network of ABWA!

Our evening begins with virtual networking, followed by the program and our monthly meeting.

There is no cost to attend this event via Zoom. Pre-registration is required on our website:

www.abwa-greateroakland.org

After registering, you will receive a confirmation email containing info needed to join the meeting.